Polish School of Dance Sokół

Registration Form 2026-2027

Returning Student: ☐ **New Student:** ☐

Note: If registering more than one child, begin with the oldest child.
Write information for additional student(s)/sibling(s) on page 2.

Student Information:

First Name: _____ Last Name: _____

Address: _____ Postal Code: _____

Gender: M ☐ F ☐ Date of Birth (MM-DD-YYYY): _____ Age: _____

Medical number: _____ (6 digits) _____ (9 digits)

Any medical/other information the school should be aware of:

_____

For Office Use: Class registration ☐ Sokoliki ☐ Klasa 1 ☐ Klasa 2 ☐ Klasa 3 ☐ Juniors

Class fee: _____

Class placement is determined by the Artistic Director or Instructor(s) based on class size and dancer ability.

Parent/Guardian Information:

Parent/Guardian Name 1: _____ Email: _____

☐ Mother ☐ Father ☐ Legal guardian Cell #: _____

Address: ☐ Same as Above **or**: _____

Parent/Guardian Name 2: _____ Email: _____

☐ Mother ☐ Father ☐ Legal guardian Cell #: _____

Address: ☐ Same as Above **or**: _____

Emergency Contact (other than Parent/Guardian): _____

Relationship: _____ Emergency Contact #: _____

Do you require a receipt? Yes ☐ No ☐ (distribution March 2027)

Additional Students:

Sibling 1: **N/A:** ☐ **Returning Student:** ☐ **New Student:** ☐

First Name: _____ Last Name: _____

Address: ☐ Same as Above **or**: _____

Gender: M ☐ F ☐ Date of Birth (MM-DD-YYYY): _____ Age: _____

Medical number: _____(6 digits) _____(9 digits)

Any medical/other information the school should be aware of:

_____

For Office Use: Class registration ☐ Sokoliki ☐ Klasa 1 ☐ Klasa 2 ☐ Klasa 3 ☐ Juniors

Class fee: _____

Class placement is determined by the Artistic Director or Instructor(s) based on class size and dancer ability.

Sibling 2: **N/A:** ☐ **Returning Student:** ☐ **New Student:** ☐

First Name: _____ Last Name: _____

Address: ☐ Same as Above **or**: _____

Gender: M ☐ F ☐ Date of Birth (MM-DD-YYYY): _____ Age: _____

Medical number: _____(6 digits) _____(9 digits)

Any medical/other information the school should be aware of:

_____

For Office Use: Class registration ☐ Sokoliki ☐ Klasa 1 ☐ Klasa 2 ☐ Klasa 3 ☐ Juniors

Class fee: _____

Class placement is determined by the Artistic Director or Instructor(s) based on class size and dancer ability.

Volunteer Options:

Minimum of 10 hours per family required in one or more of the following areas – please specify preference(s):

☐ Garderoba ☐ Fundraising ☐ Concert Set up/Takedown ☐ Decorations ☐ Hall set up for practices

Volunteer deposit of $50 is required of every family, to be returned upon completion of volunteer hours.

Parent/Guardian Signature: _____ **Date:** _____

For Office Use: Payment: ☐ **CASH** ☐ **CHEQUE** ☐ **ETransfer** ☐ **Receipt**

Polish School of Dance Sokół CODE OF CONDUCT

The **Polish School of Dance Sokół (the School)** strives to provide secure, orderly, and non-disruptive environments for teaching, learning, and performances where students can thrive. The goal of our Code of Conduct is to help students, parents/guardians, and Instructors create and respect such environments.

Consequences of violating this Code of Conduct will be determined on a case-by-case basis. **The School reserves the right to advise a student to seek instruction elsewhere if their behavior—or that of their parents/guardians, family members, or caregivers—is disruptive or disrespectful or otherwise violates any aspect of this Code of Conduct.**

We appreciate your dedication to safe and supportive teaching, learning, and performance environments.

Class placement is determined by the Artistic Director or Instructor(s) based on class size and dancer ability.

Student Code of Conduct

- Respect Instructors, parents, guardians, and peers at all times. Be courteous, polite, and mindful of others' rights and property.
- Refrain from name-calling, bullying, profane language, inappropriate apparel, and disrespectful comments or attitudes, all of which are strictly prohibited and may result in permanent removal from the School.
- Arrive on time. If arriving late is unpreventable on occasion, change in the entry area before entering the class to avoid disturbing the class.
- Wear the appropriate attire and footwear as outlined in the Dress Code.
- Leave valuables at home. The School is not responsible for lost or stolen items.
- Keep the studio clean—dispose of all garbage in the bins provided.
- Bring a filled water bottle to every class. Refrain from eating during classes or in the studio.
- Always try your best, maintain a positive attitude, and work toward your goals.

Parent/Guardian Code of Conduct

- Communication protocol:
    - Check email and TeamLinkt regularly for information about classes.
    - Notify the Instructor of absence or lateness via the Instructor's preferred medium.
    - If you have a brief question or comment for the Instructor, please address them before or after class time and not during classes.
    - Email Instructors and the School directly about any concerns.
- Ensure your child(ren) attend(s) class regularly, in the appropriate attire per the Dress Code, and on time.
- Pick up your child(ren) promptly—no later than 5 minutes after class. Parents/guardians must come inside to collect their child(ren).
- Support your child(ren) in following the Student Code of Conduct.
- Volunteer your time at performances and fundraising events organized or attended by the School.
- Assist School staff in resolving any disciplinary issues involving your child(ren).
- Observe classes only during open rehearsals at the discretion of the Artistic Director or Instructor(s).
- Pay all registration fees on time.

Parent/Guardian Signature: _____ **Date:** _____

Parent/Guardian confirmation that the Student Code of Conduct has been reviewed and understood by each student ("Yes" required for each student):

Oldest/only student: ☐ Yes **Sibling 1:** ☐ Yes or ☐ N/A **Sibling 2:** ☐ Yes or ☐ N/A

Polish School of Dance Sokół

Registration Form 2026-2027

Parent/Guardian Release Form

Electronic Communication Consent: By providing your email address, you consent to receiving electronic communications from **Polish School of Dance Sokół (the School)** regarding programming, services, and other relevant updates related to your child(ren)'s participation. Electronic communications may be via email or TeamLinkt.

Photographs/Video/Website/Publicity Terms: You consent to your child(ren) being photographed and/or video-recorded at School practices, performances, and activities for School purposes by the Instructor or Parents' Committee member. You agree that your child(ren)'s name(s), along with photograph(s) and video(s) taken in the context of their practices, performances, and activities with the School, may be used for promotional materials, including printed, website, and social media content.

- The practice spaces in the **Sokół building** (717 Manitoba Avenue) are under constant video surveillance for security purposes.
- Parents/guardians and other family members must obtain the Instructor's permission to take photographs or videos during practices.

Waiver: You acknowledge that certain risks of injury are inherent in dance activities. These risks may be minor or serious and may result from personal actions, the actions or inactions of others, or both. You understand that participation requires a certain level of physical, mental, and emotional fitness, and everyone's capacity may differ. You agree that the **Polish School of Dance Sokół** and its staff are not liable for any injury, illness, property damage, or loss incurred during any aspects of the child(ren)'s participation in School practices, performances, and activities, including aggravation of pre-existing conditions.

Class Withdrawal Policy: Parents/guardians of students wishing to withdraw must provide written notification to the School before the **4th regularly scheduled class** to receive a refund of registration fees and return of volunteer deposit. An administration fee of $10 will be applied to all refunds. No requests for refunds will be considered once the 4th regularly scheduled class has begun.

Receipt: Payment receipt is available upon request.

Parent/Guardian Signature: _____ **Date:** _____

Parent/Guardian confirmation that the Photographs/Video/Website/Publicity Terms have been reviewed and understood by each student ("Yes" required for each student):

Oldest/only student: ☐ Yes **Sibling 1:** ☐ Yes or ☐ N/A **Sibling 2:** ☐ Yes or ☐ N/A

Polish School of Dance Sokół DRESS CODE

Practice Attire – to be purchased by each family for each dancer unless otherwise noted:

- All dancers: Wear black ballet or jazz shoes.
- All dancers: Wear black Sokół t-shirts.
    - Each new student will receive a black Sokół t-shirt along with a backpack at no extra cost.
- All dancers: Have hair tied back in a simple ponytail (if long enough).
- All dancers: Remove earrings and other jewellery.
- Boys: Wear black shorts or black sweats.
- Girls: Wear black leggings and either a black skirt or floral folk skirt.
    - Skirts should be approximately knee-length and circle-cut style to allow for movement.

Performance Attire – to be purchased by each family for each dancer unless otherwise noted:

- Boys: Wear black or white sports shorts (lightweight) and white undershirt (t-shirt or tank top).
- Girls: Wear white opaque tights and white undershirt (t-shirt or tank top).
- Girls in Juniors: Wear white fitted modesty shorts over the white tights. Girls in other classes may wear such modesty shorts if desired.
- Girls in Juniors: Wear a synthetic braid closely matched to their natural hair colour, braided into their ponytail. New students will receive a demonstration if required.
- Girls in Klasa 3 and Juniors: Wear stage makeup that includes blush and red lipstick. The shade of red lipstick will be specified by the Instructor. Girls in Juniors should also wear foundation, powder, and black mascara. (Such additional makeup is optional for girls in Klasa 3.)
- All dancers: Remove earrings and other jewellery.
- Whether dancers arrive to performances in costumes or in travel attire will be determined by each Instructor.
    - If dancers are to arrive in travel attire, each dancer should wear black track pants or sweats over their shorts or tights, and wear their black Sokół t-shirt.

Performance Attire – to be provided by the Polish School of Dance Sokół for each dancer unless otherwise noted:

- Each dancer will receive costumes selected by their Instructor for each performance, in a travel bag.
- Girls will receive red ribbon bows to wear at the top and bottom of each braid. The first pair will be provided at no extra cost. Replacement fee will apply if bows are damaged or lost.
- **Travel attire:** Dancers in Klasa 3 and Juniors may receive Sokół-branded track jackets to wear to and from performances, and while traveling as a group, if enough jackets are available.

Dancers and families are responsible for safe maintenance and care of all costume pieces, travel bags and travel attire provided by the Polish School of Dance Sokół. Families will be responsible for reimbursing the Polish School of Dance Sokół for items lost or returned damaged, to be assessed on a case-by-case basis.

Immediately after each performance, all costume whites (shirts, aprons, slips, and any other whites) must be washed at gentle setting in cold water with mild detergent, with any stains treated prior to washing using stain remover if required. All other costume pieces must be aired out.

Polish School of Dance Sokół DRESS CODE

Checklists for items to purchase for each dancer:

Boys:

- ☐ Black ballet or jazz shoes (**practice attire**)
- ☐ Black shorts or sweats (**practice attire**)
- ☐ White undershirt (t-shirt or tank top)
- ☐ May be required: black track pants or sweats for travel attire
- ☐ Lightweight black or white sports shorts to wear under costumes
- ☐ White undershirt (t-shirt or tank top)

Girls:

- ☐ Black ballet or jazz shoes (**practice attire**)
- ☐ Black leggings (**practice attire**)
- ☐ Black skirt or floral folk skirt, circle-cut style, approximately knee-length (**practice attire**)
- ☐ White undershirt (t-shirt or tank top)
- ☐ White opaque tights
- ☐ May be required: black track pants or sweats for travel attire
- ☐ Girls in Juniors: white modesty shorts
- ☐ Girls in Juniors: synthetic braid closely matched to their natural hair colour, along with bobby pins
- ☐ Girls in Klasa 3 and Juniors: blush and red lipstick (Instructor will inform of the shade)
- ☐ Girls in Juniors: additional stage makeup including foundation, powder, black mascara

Practice attire required for all classes. Items not marked as practice attire are required for performances.

Ensure that all belongings are labelled.

Items may be purchased locally or online.

Local shops that may carry some of the specialty items (not affiliated with the Polish School of Dance Sokół):

Ballet shoes, jazz shoes, tights, black skirts:

Dance Plus, 844 McLeod Ave., 204-669-1606
Harlequin, 375 Hargrave St., 204-943-6400
Mallabar Dancewear, 1899 St. Matthews Ave Unit B, 204-943-4506

Synthetic braid:

Sally Beauty, 1580 Kenaston Blvd. #160, 204-488-4591
Dino's Grocery Mart, 84 Isabel St., 204-942-1526